

## LESSONS FROM PSALMS ONE HUNDRED FORTY-SIX

Scripture: Psalms 146:1-10

Ray O. Brooks

Introduction:

- A. This is another Psalm of Praise, praise to our God.
- B. It begins and ends with a call to praise the Lord.

I. LEARN THAT GREAT MEN PRACTICE WHAT THEY PREACH. Vs. 1, 2

- A. The writer issues a command, "Praise ye the Lord."
- B. He quickly follows this with a command to his own soul, "O my soul, (you) praise the Lord."
- C. Then he makes a life-long commitment to praise the Lord.
  1. While I live, I will praise the Lord.
  2. I will sing praises unto my God while I have my being.

II. LEARN THAT IN MATTERS OF ETERNAL CONCERN NO MAN IS WORTHY OF OUR TRUST. vs. 3, 4

- A. The writer warns:
  1. Put not your trust in princes ... leaders ... great men.
  2. Put not your trust in the son of man... any man
- B. He then gives his reasons for this advice.
  1. His breath goeth forth---leaves him--he dies.
  2. He then returns to the earth out of which he came.
  3. His thoughts perish in the day of his death.

III. LEARN THAT THE GOD OF JACOB IS THE GOD IN WHOM WE FIND HELP, HOPE, AND HAPPINESS. v. 5

- A. I am glad he did not say the God of Israel ... Israel and Jacob are two names of the same man.
  1. Israel means warrior of God.
  2. Jacob means crook
- B. We are all crooks by nature ... We are all spiritual failures by nature.
  1. We could not by our own power make ourselves presentable to God, BUT God sent His only begotten Son to pay our sin debt and through Him and in Him we are made acceptable unto God.
  2. Even after salvation, we can not in our own power live lives acceptable unto God.
    - a. Paul said, "I can of mine own self do nothing, I can do all things through Christ who strengthenth me."
    - b. Rom. 7 is a short commentary on the failure of the saved to live for Christ.
- C. Paul also spoke of God as the God of hope.
  1. Rom. 15:13 Now the God of hope fill you with all joy and peace in believing, that you may abound in hope through the power of the Holy Ghost.
  2. Col. 1:27 teaches that Christ in you is the hope of glory. And I Tim. 1:1 states that Christ is our hope.
- D. When any person has repented of his sin and has trusted Jesus to save his soul, he sees the Lord as his HELP and as his HOPE and he is thus made HAPPY.

IV. LEARN WHAT ARE TWELVE GREAT REASONS WHY THE LORD IS WORTHY OF ALL PRAISE. vs. 6-10

- A. v. 6 He is the CREATOR of all that exists.
- B. v. 6 He is the God who keeps TRUTH forever.
- C. v. 7 He is the God who EXECUTETH JUDGMENT for the oppressed.
- D. v. 7 He is the God who GIVES FOOD to the hungry. He is the BREAD of LIFE who satisfies all spiritual hunger. If any man eat of me, he shall live forever.
- E. v. 7 The Lord looseth the prisoners ... spiritual prisoners locked up in the prison house of sin and condemnation. Luke 4:18 "to preach deliverance to the captives ... "

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F. v. 8 The Lord openeth the eyes of the blind ... Luke 4:18 "the recovering of sight to the blind .."

G. v. 8 He is the Lord who raises up them that are bowed down with sin.

H. v. 8 He is the Lord who loves righteousness.

I. v. 9 The Lord preserves strangers

J. v. 9 He relieveth the fatherless and the widow ... He defends and sustains the orphan and the widow.

K. v. 9 He is the Lord who turns the way of the wicked up side down. Who frustrates the counsel of the wicked.

L. v. 10 He is the Lord who shall reign forever and unto all generations.

### CONCLUSIONS:

NO WONDER THE PSALMIST COMMANDS ALL WHO READ THIS PSALM TO PRAISE THE LORD.